

LOGARITHMIC SOBOLEV INEQUALITIES IN DISCRETE PRODUCT SPACES: (Marton, 2015)

Let X be a finite set, and X^n be the set of n -sequences from X .

Let $P(X^n)$ be the probability simplex on X^n .

Def: (W_2 -distance) Suppose $X^n \sim P_{X^n} \in P(X^n)$ and $Y^n \sim P_{Y^n} \in P(X^n)$. Then, we define:

$$W_2(P_{X^n}, P_{Y^n}) \triangleq \min_{P_{X^n}, P_{Y^n}} \sqrt{\sum_{i=1}^n P_{X^n, Y^n}(x_i \neq y_i)^2}$$

where the minimum is over all couplings of P_{X^n} and P_{Y^n} .

Remark:

- This is not a 2-Wasserstein distance wrt Hamming metric.
- Minimum is achieved.
- W_2 is a metric on $P(X^n)$.

Theorem 1: (W_2^2 tensorization \Rightarrow KL tensorization)

Fix a distribution $Q_{X^n} \in P(X^n)$, and let $\alpha \triangleq \min_{\substack{i \in [n] \\ x^n \in X^n: Q_{X^n}(x^n) > 0}} Q_{X_i | X_{i^c}}(x_i | x_{i^c})$, where for any string

x^n and any set $S \subseteq [n] \triangleq \{1, \dots, n\}$, $x_S \triangleq \{x_i : i \in S\}$, and $x_i = x_{S \setminus i}$ and $x_{i^c} = x_{\{i\}^c}$.

Fix a distribution $P_{Y^n} \in P(X^n)$ such that $P_{Y^n} \ll Q_{X^n}$ absolutely continuous

Suppose for all $I \subseteq [n]$ and all $y_{I^c} \in X^{[n] \setminus I}$, we have: $W_2^2(P_{Y_I | Y_{I^c}}(\cdot | y_{I^c}), Q_{X_I | X_{I^c}}(\cdot | y_{I^c}))$

$$W_2^2(P_{Y_I | Y_{I^c}}(\cdot | y_{I^c}), Q_{X_I | X_{I^c}}(\cdot | y_{I^c})) \leq C \sum_{i \in I} \mathbb{E} \left[\left\| P_{Y_i | Y_{I^c}}(\cdot | y_{I^c}) - Q_{X_i | X_{i^c}}(\cdot | y_{I^c}) \right\|_{TV}^2 \mid Y_{I^c} = y_{I^c} \right] \quad \begin{matrix} \text{wrt } P_{Y_i | Y_{I^c}} = y_{I^c} \\ \uparrow \text{conditional } W_2^2 \text{-distance} \end{matrix}$$

for a universal constant C . Then, we have:

$$D(P_{Y^n} \| Q_{X^n}) \leq \frac{4C}{\alpha} \sum_{i=1}^n \mathbb{E} \left[\left\| P_{Y_i | Y_{i^c}}(\cdot | y_{i^c}) - Q_{X_i | X_{i^c}}(\cdot | y_{i^c}) \right\|_{TV}^2 \mid \text{reverse Pinsker} \right] \leq \frac{2C}{\alpha} \sum_{i=1}^n D(P_{Y_i | Y_{i^c}} \| Q_{X_i | X_{i^c}} \mid P_{Y_{i^c}}). \quad \begin{matrix} \uparrow \text{Pinsker} \\ \uparrow \text{conditional KL divergence} \end{matrix}$$

Proof: We prove this by induction. Assume the conditions of the theorem hold, and that we have proven it for $n-1$:

$$D(P_{Y_{i^c} | Y_i}(\cdot | y_i) \| Q_{X_{i^c} | X_i}(\cdot | y_i)) \leq \frac{4C}{\alpha} \sum_{j \neq i} \mathbb{E} \left[\left\| P_{Y_j | Y_{j^c}}(\cdot | y_{j^c}) - Q_{X_j | X_{j^c}}(\cdot | y_{j^c}) \right\|_{TV}^2 \mid Y_i = y_i \right] \quad \begin{matrix} \text{inductive hypothesis} \\ \downarrow \end{matrix}$$

for all $i \in [n]$ and all $y_i \in X$.

First, by averaging chain rules, we get:

$$D(P_{Y^n} \| Q_{X^n}) = \underbrace{\frac{1}{n} \sum_{i=1}^n D(P_{Y_i} \| Q_{X_i})}_{\textcircled{1}} + \underbrace{\frac{1}{n} \sum_{i=1}^n D(P_{Y_i | Y_{i^c}} \| Q_{X_i | X_{i^c}} \mid P_{Y_{i^c}})}_{\textcircled{2}}. \quad [\star]$$

[continued.]

Proof continued:

To bound ②, we use the inductive hypothesis to get:

$$\begin{aligned} \frac{1}{n} \sum_{i=1}^n D(P_{Y_i|Y_i} \| Q_{X_i|X_i} | P_{Y_i}) &\leq \frac{1}{n} \frac{4C}{\alpha} \sum_{i=1}^n \sum_{j \neq i} \mathbb{E} \left[\left\| P_{Y_j|Y_{j^c}}(\cdot | Y_{j^c}) - Q_{X_j|X_{j^c}}(\cdot | Y_{j^c}) \right\|_{TV}^2 \right] \\ &= \left(1 - \frac{1}{n}\right) \frac{4C}{\alpha} \sum_{j=1}^n \mathbb{E} \left[\left\| P_{Y_j|Y_{j^c}}(\cdot | Y_{j^c}) - Q_{X_j|X_{j^c}}(\cdot | Y_{j^c}) \right\|_{TV}^2 \right]. \quad [\star] \end{aligned}$$

To bound ①, notice from reverse Pinsker's inequality ($D(P||Q) \leq \frac{4}{\min_{x \in X} Q(x)} \|P-Q\|_{TV}^2$ for $Q > 0$):

$$D(P_{Y_i} \| Q_{X_i}) \leq \frac{4}{\alpha} \| P_{Y_i} - Q_{X_i} \|_{TV}^2$$

for all $i \in [n]$, where we use the fact that: $\forall x \in \mathcal{X}, \forall i \in [n], Q_{X_i}(x) \geq \alpha$.

$$\left[Q_{X_i}(x) = \sum_{x^c} Q_{X_i|X_i^c}(x|x_i^c) Q_{X_i^c}(x_i^c) \geq \alpha \text{ if } Q_{X_i|X_i^c}(x, x_i^c) > 0 \right]$$

Let π be the optimal W_2 -coupling of P_{Y^n}, Q_{X^n} . Then, we have:

$$W_2^2(P_{Y^n}, Q_{X^n}) = \sum_{i=1}^n \mathbb{P}_{\pi}(X_i \neq Y_i)^2 \geq \sum_{i=1}^n \| P_{Y_i} - Q_{X_i} \|_{TV}^2 \quad [\text{maximal coupling of TV}]$$

which implies using the condition in the theorem with $I = [n]$ that:

$$\begin{aligned} \frac{1}{n} \sum_{i=1}^n D(P_{Y_i} \| Q_{X_i}) &\leq \frac{1}{n} \frac{4}{\alpha} \sum_{i=1}^n \| P_{Y_i} - Q_{X_i} \|_{TV}^2 \leq \frac{1}{n} \frac{4}{\alpha} W_2^2(P_{Y^n}, Q_{X^n}) \\ &\leq \frac{1}{n} \frac{4C}{\alpha} \sum_{i=1}^n \mathbb{E} \left[\left\| P_{Y_i|Y_{i^c}}(\cdot | Y_{i^c}) - Q_{X_i|X_{i^c}}(\cdot | Y_{i^c}) \right\|_{TV}^2 \right]. \quad [\star] \end{aligned}$$

Hence, we get:

$$\begin{aligned} D(P_{Y^n} \| Q_{X^n}) &\leq \frac{4C}{\alpha} \sum_{i=1}^n \mathbb{E} \left[\left\| P_{Y_i|Y_{i^c}}(\cdot | Y_{i^c}) - Q_{X_i|X_{i^c}}(\cdot | Y_{i^c}) \right\|_{TV}^2 \right] \quad (\text{using } [\star]) \\ &\leq \frac{2C}{\alpha} \sum_{i=1}^n D(P_{Y_i|Y_{i^c}} \| Q_{X_i|X_{i^c}} | P_{Y_i}) \end{aligned}$$

where the final inequality follows from Pinsker's inequality:

$$D(P||Q) \geq 2 \| P - Q \|_{TV}^2.$$



Remark: Doing the induction from $k-1$ to k would require us to use more conditional expectations, and would illustrate the full power of the condition in the theorem.

Ideal: W_2 -distance related to TV distance, KL distance bounded by TV distance (Pinsker + reverse Pinsker), use this to prove W_2^2 -tensorization \Rightarrow KL tensorization.
($KL \leq TV^2 \leq W_2^2 \leq TV^2 \leq KL$)

[continued.]

Def: (Gibbs Sampler) For $i \in [n]$, define the Markov chain:

$$T_i(x^n | y^n) \triangleq \mathbb{1}_{\{x_{i^c} = y_{i^c}\}} Q_{X_i | X_{i^c}}(x_i | y_{i^c}), \quad \forall x^n, y^n \in \mathcal{X}^n$$

for a distribution $Q_{X^n} \in P(\mathcal{X}^n)$. The Gibbs sampler for Q_{X^n} is the Markov chain:

$$T \triangleq \frac{1}{n} \sum_{i=1}^n T_i.$$

↑
row stochastic matrices

Observe that for any $x^n \in \mathcal{X}^n$:

$$\begin{aligned} Q_{X^n} T_i(x^n) &= \sum_{y^n} Q_{X^n}(y^n) T_i(x^n | y^n) = \sum_{y^n} Q_{X^n}(y^n) \mathbb{1}_{\{x_{i^c} = y_{i^c}\}} Q_{X_i | X_{i^c}}(x_i | y_{i^c}) \\ &= Q_{X_i | X_{i^c}}(x_i | x_{i^c}) \sum_{y_i} Q_{X_i | X_{i^c}}(y_i | x_{i^c}) = Q_{X_i | X_{i^c}}(x_i | x_{i^c}) Q_{X_{i^c}}(x_{i^c}) \\ &= Q_{X^n}(x^n) \end{aligned}$$

which means Q_{X^n} is the invariant measure for T_i and T .

The Dirichlet form associated with T is:

$$E_T(f, f) \triangleq \left\langle (I - T)f, f \right\rangle_{Q_{X^n}} = \sum_{x^n} (f(x^n) - \underbrace{Tf(x^n)}_{\substack{\text{identity map} \\ f(x^n)}}) f(x^n) Q_{X^n}(x^n) = \frac{1}{2} \sum_{x^n, y^n} T(y^n | x^n) Q_{X^n}(x^n) (f(y^n) - f(x^n))^2$$

$$= \sum_{y^n} f(y^n) T(y^n | x^n)$$

for all $f \in L^2(\mathcal{X}^n, Q_{X^n})$. The logarithmic Sobolev inequality for T is:

$$D(P_{Y^n} \| Q_{X^n}) \leq c E_T\left(\sqrt{\frac{P_{Y^n}}{Q_{X^n}}}, \sqrt{\frac{P_{Y^n}}{Q_{X^n}}}\right) \quad \text{for all } P_{Y^n} \in P(\mathcal{X}^n)$$

where the best constant c is called the log-Sobolev constant.

Remark: In some papers, $\frac{1}{c}$ is the log-Sobolev constant.

Corollary: (Gibbs Sampler contraction)

If $Q_{X^n}, P_{Y^n} \in P(\mathcal{X}^n)$ satisfy the conditions of Theorem 1, then:

[KL contraction] ① $D(P_{Y^n} T \| Q_{X^n}) \leq \left(1 - \frac{\alpha}{2nC}\right) D(P_{Y^n} \| Q_{X^n})$, Hold for all P_{Y^n} when Q_{X^n} satisfies Dobrushin uniqueness condition.

[Log-Sobolev] ② $D(P_{Y^n} \| Q_{X^n}) \leq \frac{4Cn}{\alpha} E_T\left(\sqrt{\frac{P_{Y^n}}{Q_{X^n}}}, \sqrt{\frac{P_{Y^n}}{Q_{X^n}}}\right)$.

Proof: ① First observe that:

$$\begin{aligned} D(P_{Y^n} \| Q_{X^n}) &= D(P_{Y_{i^c}} \| Q_{X_{i^c}}) + D(P_{Y_i | Y_{i^c}} \| Q_{X_i | X_{i^c}} | P_{Y_{i^c}}) \quad [\text{Chain rule}] \\ &= D(P_{Y^n} T_i \| Q_{X^n}) + D(P_{Y_i | Y_{i^c}} \| Q_{X_i | X_{i^c}} | P_{Y_{i^c}}) \quad \left[P_{Y^n} T_i(y^n) = \sum_{x^n} P_{Y^n}(x^n) \mathbb{1}_{\{y_{i^c} = x_{i^c}\}} Q_{X_i | X_{i^c}}(y_i | x_{i^c}) \right] \\ &= \frac{1}{n} \sum_{i=1}^n D(P_{Y^n} T_i \| Q_{X^n}) + \underbrace{\frac{1}{n} \sum_{i=1}^n D(P_{Y_i | Y_{i^c}} \| Q_{X_i | X_{i^c}} | P_{Y_{i^c}})}_{\geq 0}. \quad \left[Q_{X^n}(y^n) = Q_{X_i | X_{i^c}}(y_i | y_{i^c}) Q_{X_{i^c}}(y_{i^c}) \right] \end{aligned}$$

By convexity of KL divergence:

$$D(P_{Y^n} T \| Q_{X^n}) \leq \frac{1}{n} \sum_{i=1}^n D(P_{Y^n} T_i \| Q_{X^n}) \leq D(P_{Y^n} \| Q_{X^n}) - \frac{\alpha}{2nC} D(P_{Y^n} \| Q_{X^n})$$

using the KL tensorization result of Theorem 1.

[continued.] 3

Proof continued:

② First observe that :

$$\begin{aligned}
 \mathcal{E}_{T_i} \left(\sqrt{\frac{P_{Y^n}}{Q_{X^n}}}, \sqrt{\frac{P_{Y^n}}{Q_{X^n}}} \right) &= \left\langle (I - T_i) \sqrt{\frac{P_{Y^n}}{Q_{X^n}}}, \sqrt{\frac{P_{Y^n}}{Q_{X^n}}} \right\rangle_{Q_{X^n}} = \sum_{y^n} \frac{P_{Y^n}(y^n)}{Q_{X^n}(y^n)} Q_{X^n}(y^n) - \sum_{y^n} T_i \sqrt{\frac{P_{Y^n}}{Q_{X^n}}(y^n)} \sqrt{\frac{P_{Y^n}(y^n)}{Q_{X^n}(y^n)}} Q_{X^n}(y^n) \\
 &= 1 - \sum_{y^n} \sqrt{P_{Y^n}(y^n) Q_{X^n}(y^n)} \sum_{x^n} T_i(x^n | y^n) \sqrt{\frac{P_{Y^n}(x^n)}{Q_{X^n}(x^n)}} \\
 &= 1 - \sum_{y^n} \sqrt{P_{Y^n}(y^n) Q_{X^n}(y^n)} \sum_{x_i} Q_{X_i | X_{-i}}(x_i | y_{-i}) \sqrt{\frac{P_{Y_{-i}}(y_{-i}) P_{X_i | Y_{-i}}(x_i | y_{-i})}{Q_{X_{-i}}(y_{-i}) Q_{X_i | X_{-i}}(x_i | y_{-i})}} \\
 &= 1 - \sum_{y^n} \sqrt{P_{Y_{-i}}(y_{-i}) Q_{X_{-i}}(y_{-i})} P_{Y_{-i}}(y_{-i}) \sum_{x_i} \sqrt{P_{X_i | Y_{-i}}(x_i | y_{-i}) Q_{X_i | X_{-i}}(x_i | y_{-i})} \\
 &= 1 - \sum_{y_{-i}} P_{Y_{-i}}(y_{-i}) \left(\sum_{x_i} \sqrt{P_{X_i | Y_{-i}}(x_i | y_{-i}) Q_{X_i | X_{-i}}(x_i | y_{-i})} \right)^2 \\
 &= 1 - \mathbb{E} \left[\left(\sum_{y_{-i} \in \mathcal{X}} \sqrt{P_{X_i | Y_{-i}}(y_{-i} | Y_{-i}) Q_{X_i | X_{-i}}(y_{-i} | Y_{-i})} \right)^2 \right]. \\
 &\quad \text{↑ wrt } P_{Y_{-i}} \quad \text{BC}(P_{Y_i | Y_{-i}}, Q_{X_i | X_{-i}}) \leftarrow \text{Bhattacharyya coefficient (or Hellinger affinity)} \\
 \Rightarrow \mathcal{E}_T \left(\sqrt{\frac{P_{Y^n}}{Q_{X^n}}}, \sqrt{\frac{P_{Y^n}}{Q_{X^n}}} \right) &= \frac{1}{n} \sum_{i=1}^n \mathbb{E} \left[1 - \left(\underbrace{\sum_{y_{-i}} \sqrt{P_{X_i | Y_{-i}}(y_{-i} | Y_{-i}) Q_{X_i | X_{-i}}(y_{-i} | Y_{-i})}}_{\geq} \right)^2 \right] \\
 &\geq \frac{1}{n} \sum_{i=1}^n \mathbb{E} \left[\left\| P_{X_i | Y_{-i}}(\cdot | Y_{-i}) - Q_{X_i | X_{-i}}(\cdot | Y_{-i}) \right\|_{TV}^2 \right] \leftarrow \text{Lemma: } \|P - Q\|_{TV}^2 \leq 1 - BC(P, Q)^2 \\
 &\geq \frac{\alpha}{4Cn} D(P_{Y^n} \| Q_{X^n}). \quad [\text{using KL} \rightarrow \text{TV tensorization result in Theorem 1}]
 \end{aligned}$$

□

Def: (Dobrushin's Uniqueness Condition - L^2 version)

$Q_{X^n} \in \mathcal{P}(X^n)$ satisfies an L^2 -version of Dobrushin's uniqueness condition with coupling matrix $A = \{a_{k,i}\}_{k,i=1}^n$ if for any $k, i \in [n]$ with $k \neq i$, and any $z^n, s^n \in \mathcal{X}^n$

with $Z_{kc} = S_{kc}$ & $Z_k \neq S_k$, we have:

$$\|Q_{X_i | X_{-i}}(\cdot | Z_{-i}) - Q_{X_i | X_{-i}}(\cdot | S_{-i})\|_{TV} \leq a_{k,i},$$

↑ differ only in k th coordinate

and setting $a_{ii} = 0$ for all $i \in [n]$, we have $\|A\|_2 \triangleq \max_{x: \|x\|_2=1} \|Ax\|_2 < 1$.

↑ operator norm = largest singular value

Remark: In Dobrushin's original condition, we assume $\|A\|_1 \triangleq \max_{x: \|x\|_1=1} \|Ax\|_1 < 1$.

↑ maximum absolute column sum

[continued.]

Theorem 2: (Dobrushin's condition $\Rightarrow W_2^2$ tensorization)

If $Q_{X^n} \in P(X^n)$ satisfies Dobrushin's uniqueness condition with coupling matrix A with $\|A\|_2 < 1$, then for any $P_{Y^n} \in P(Y^n)$:

$$\text{cond. of Thm 1} \quad \left\{ \begin{array}{l} W_2^2(P_{Y_I|Y_{I^c}}(\cdot|y_{I^c}), Q_{X_I|X_{I^c}}(\cdot|y_{I^c})) \leq C \sum_{i \in I} \mathbb{E} \left[\|P_{Y_i|Y_{I^c}}(\cdot|y_{I^c}) - Q_{X_i|X_{I^c}}(\cdot|y_{I^c})\|_{TV}^2 \mid Y_{I^c} = y_{I^c} \right] \\ \text{for all } I \subseteq [n] \text{ and all } y_{I^c} \in X^{[n] \setminus I}, \text{ where } C = \frac{1}{(1 - \|A\|_2)^2}. \end{array} \right.$$

Proof: It suffices to prove this for $I = [n]$. (For any $I \subseteq [n]$ and any $y_{I^c} \in X^{[n] \setminus I}$, $Q_{X_I|X_{I^c}}(\cdot|y_{I^c})$ satisfies Dobrushin's uniqueness condition with a minor of A , $\{a_{k,i}\}_{k,i \in I} = A_I$, as coupling matrix. Moreover, $A_I^e = D_1 A D_2$ $\Rightarrow \|A_I\|_2 = \|A_I^e\|_2 = \|D_1 A D_2\|_2 \leq \|D_1\|_2 \|A\|_2 \|D_2\|_2 \leq \|A\|_2$, where D_1 and D_2 are diagonal matrices with 1's at I and 0's elsewhere, and A_I^e is $n \times n$. Extend A_I with zero rows and columns so it depends on Q_{X^n})

which implies that $\frac{1}{(1 - \|A\|_2)^2} \geq \frac{1}{(1 - \|A_I\|_2)^2}$. So, $C = \sqrt{(1 - \|A\|_2)^2}$ is a valid constant for $I \subseteq [n]$.

Idea: Prove that Gibbs sampler T is a contraction wrt W_2 -distance, and then use relationship between W_2 and TV distances.

Fix two distributions $R_{U^n}, S_{Z^n} \in P(X^n)$. Let π be a coupling between them.

Construct random variables $(U'_1, \dots, U'_n), (Z'_1, \dots, Z'_n)$ as follows:

- ① Sample a random variable $t \sim \text{Unif}[n]$ to get $t = i$, (t indep. of everything else)
- ② Let $U'_k = U_k$ and $Z'_k = Z_k$ for $k \neq i$ so that the distribution of U'_i, Z'_i given $t = i$ is $\pi_{U'_i, Z'_i}$,
- ③ Let the distribution of U'_i, Z'_i given $t = i$ and $U'_i = u'_i, Z'_i = z'_i$ be the maximal coupling of $Q_{X_i|X_{I^c}}(\cdot|u'_i)$ and $Q_{X_i|X_{I^c}}(\cdot|z'_i)$ that achieves $\|Q_{X_i|X_{I^c}}(\cdot|u'_i) - Q_{X_i|X_{I^c}}(\cdot|z'_i)\|_{TV}$.
 \uparrow dist. of U'_i given $U'_i = u'_i, t = i$ \uparrow dist. of Z'_i given $Z'_i = z'_i, t = i$

Clearly, the distribution of U^n is $R_{U^n} T$ and the distribution of Z^n is $S_{Z^n} T$.

For any $j \in [n]$,

$$\begin{aligned} P(U_j' \neq Z_j') &= P(t \neq j) P(U_j' \neq Z_j' | t \neq j) + P(t = j) P(U_j' \neq Z_j' | t = j) \\ &= \left(1 - \frac{1}{n}\right) P(U_j \neq Z_j) + \frac{1}{n} \sum_{u_{j^c}, z_{j^c}} P(U_j' \neq Z_j' | t = j, U_{j^c} = u_{j^c}, Z_{j^c} = z_{j^c}) P(U_j' = u_j, Z_j' = z_j | t = j) \\ &\quad \xrightarrow{\text{wrt } \pi} = \|Q_{X_j|X_{I^c}}(\cdot|u_j) - Q_{X_j|X_{I^c}}(\cdot|z_j)\|_{TV} = \pi_{U_j, Z_j}(u_j, z_j) \\ &= \left(1 - \frac{1}{n}\right) P(U_j \neq Z_j) + \frac{1}{n} \mathbb{E} [\|Q_{X_j|X_{I^c}}(\cdot|U_{j^c}) - Q_{X_j|X_{I^c}}(\cdot|Z_{j^c})\|_{TV}] \\ &\leq \left(1 - \frac{1}{n}\right) P(U_j \neq Z_j) + \frac{1}{n} \mathbb{E} \left[\sum_{k \neq j} \mathbb{1}\{U_k \neq Z_k\} a_{k,j} \right] \xleftarrow{\text{use triangle inequality and Dobrushin's condition}} \\ &= \left(1 - \frac{1}{n}\right) P(U_j \neq Z_j) + \frac{1}{n} \sum_{k \neq j} a_{k,j} P(U_k \neq Z_k). \end{aligned}$$

[continued.]

Proof continued:

Let $p = [P(U_1 \neq Z_1) \dots P(U_n \neq Z_n)]$ and $p' = [P(U'_1 \neq Z'_1) \dots P(U'_n \neq Z'_n)]$.

Then, we have:

$$P' \leq P \left[\left(I - \frac{1}{n} A \right) I + \frac{1}{n} A \right] \Rightarrow \|P'\|_2 \leq \|P\|_2 \left\| \left(I - \frac{1}{n} A \right) I + \frac{1}{n} A \right\|_2 \stackrel{\text{definition of } \|\cdot\|_2 \text{ for matrix}}{\leq} \left(1 - \frac{1}{n} (1 - \|A\|_2) \right) \|P\|_2 \stackrel{\Delta\text{-inequality}}{\leq}$$

$$\Rightarrow \sqrt{\sum_{j=1}^n P(U'_j \neq Z'_j)^2} \leq \left(1 - \frac{1}{n} (1 - \|A\|_2) \right) \sqrt{\sum_{j=1}^n P(U_j \neq Z_j)^2}.$$

Choosing the minimum W_2 -couplings, we get:

$$\underline{W_2(R_{\mathcal{X}^n} T, S_{Z^n} T')} \leq \left(1 - \frac{1}{n} (1 - \|A\|_2) \right) W_2(R_{\mathcal{X}^n}, S_{Z^n}). \quad [\text{contraction of } T \text{ in } W_2\text{-distance}]$$

By triangle inequality, for any $P_{\mathcal{X}^n} \in \mathcal{P}(X^n)$: $= Q_{\mathcal{X}^n} T$ [invariant measure]

$$W_2(P_{\mathcal{X}^n}, Q_{\mathcal{X}^n}) \leq W_2(P_{\mathcal{X}^n}, P_{\mathcal{X}^n} T) + W_2(P_{\mathcal{X}^n} T, Q_{\mathcal{X}^n}) \\ \leq W_2(P_{\mathcal{X}^n}, P_{\mathcal{X}^n} T) + \left(1 - \frac{1}{n} (1 - \|A\|_2) \right) W_2(P_{\mathcal{X}^n}, Q_{\mathcal{X}^n}) \quad [\text{contraction}]$$

$$\Rightarrow W_2(P_{\mathcal{X}^n}, Q_{\mathcal{X}^n}) \leq \frac{n}{1 - \|A\|_2} W_2(P_{\mathcal{X}^n}, P_{\mathcal{X}^n} T). \quad [*]$$

Now we upper bound $W_2(P_{\mathcal{X}^n}, P_{\mathcal{X}^n} T)$. We construct a coupling of $P_{\mathcal{X}^n}, P_{\mathcal{X}^n} T \in \mathcal{P}(X^n)$ using random variables Y^n, Y'^n :

- ① Sample a random variable $t \sim \text{Unif}[n]$ to get $t=i$, (t indep. of everything else)
- ② Let $Y_k = Y'_k$ for $k \neq i$ so that the distribution of Y_i given $t=i$ is $P_{Y_i|t=i}$,
- ③ Let the distribution of Y_i, Y'_i given $t=i$ and $Y_{i^c} = y_{i^c}$ be the maximal coupling of $P_{Y_i|Y_{i^c}}(\cdot | y_{i^c})$ and $Q_{X_i|X_{i^c}}(\cdot | y_{i^c})$ that achieves $\|P_{Y_i|Y_{i^c}}(\cdot | y_{i^c}) - Q_{X_i|X_{i^c}}(\cdot | y_{i^c})\|_{TV}$.

\uparrow dist. of Y_i given $t=i$ and \uparrow dist. of Y'_i given $t=i$ and $y_{i^c} = y_{i^c}$

Clearly, the distribution of Y^n is $P_{\mathcal{X}^n}$ and the distribution of Y'^n is $P_{\mathcal{X}^n} T$.

For any $j \in [n]$,

$$P(Y_j \neq Y'_j) = \frac{1}{n} \overbrace{P(Y_j \neq Y'_j | t=j)} + \left(1 - \frac{1}{n} \right) \overbrace{P(Y_j \neq Y'_j | t \neq j)} = 0$$

$$= \frac{1}{n} \sum_{y_{i^c}} P(Y_j \neq Y'_j | t=j, Y_{i^c} = y_{i^c}) P(Y_{i^c} = y_{i^c} | t=j)$$

$$= \frac{1}{n} \mathbb{E}_{P_{Y_{i^c}}} \left[\|P_{Y_j|Y_{i^c}}(\cdot | y_{i^c}) - Q_{X_j|X_{i^c}}(\cdot | y_{i^c})\|_{TV} \right] \stackrel{\text{Jensen's inequality}}{\leq}$$

$$\Rightarrow P(Y_j \neq Y'_j)^2 = \frac{1}{n^2} \mathbb{E} \left[\|P_{Y_j|Y_{i^c}}(\cdot | y_{i^c}) - Q_{X_j|X_{i^c}}(\cdot | y_{i^c})\|_{TV} \right]^2 \leq \frac{1}{n^2} \mathbb{E} \left[\|P_{Y_j|Y_{i^c}}(\cdot | y_{i^c}) - Q_{X_j|X_{i^c}}(\cdot | y_{i^c})\|_{TV}^2 \right].$$

$$\text{Hence, we have: } W_2(P_{\mathcal{X}^n}, P_{\mathcal{X}^n} T) \leq \sqrt{\sum_{i=1}^n P(Y_i \neq Y'_i)^2} \leq \frac{1}{n} \sqrt{\sum_{i=1}^n \mathbb{E} \left[\|P_{Y_i|Y_{i^c}}(\cdot | y_{i^c}) - Q_{X_i|X_{i^c}}(\cdot | y_{i^c})\|_{TV}^2 \right]},$$

which with $*$ completes the proof. □